

APRIL 2024

Harvest Intermediate School Menu

We are an equal opportunity provider.



Breakfast: \$1.60
 Reduced \$.30
 Lunch: \$2.80
 Reduced \$.40
 Milk \$.40

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Breakfast: : Mini Cinni Rolls or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Chicken/Waffle or Quesadilla, Carrots, Corn, Fruit Cocktail, Milk	Breakfast Cinn Toast Soft Bar or Cereal/Cheese, Juice, Fruit, Milk Lunch: Mandarin Orange Chicken/Rice or Fr. Bread Pizza, Broccoli, Red Pepper Slices, Peaches. Fortune Cookie. Milk	Breakfast: Breakfast Pizza or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Wild Mike's Pizza, French Fries, Green Beans, Sliced Apples, Milk	Breakfast: Breakfast Bread or Cereal/Cheese, Juice, Fruit, Milk Lunch: Popcorn Chicken or Pizza Dippers, Mashed Potatoes, Corn, Oranges, Milk	Breakfast: Strawberry Bagels or Cereal/Cheese, Juice, Fruit, Milk Lunch: Stuffed Crust Pizza, Celery, Tomatoes, Strawberry Applesauce, Milk
8	9	10	11	12
Breakfast: Mini Pancake Wraps or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Chicken Strips/Mac & Cheese or Quesadilla, Green Beans, Baby Carrots, Peaches, Milk	Breakfast: Apple Frudel or, Juice, Fruit, Milk Lunch: Nacho Day/Cornbread or Stuffed Crust Pizza, Taco Pinto Beans, Celery, Pineapple, Milk	Breakfast: Egg/Cheese Bagel or Cereal/Cheese, Juice, Fruit, Milk Lunch: Spicy Chicken Sandwich/Grilled Cheese or Pizza, Sweet Tato Fries, Cucumbers, Warm Cinnamon Apples, Milk	Breakfast: Donut Day or Cereal/Cheese or Cereal/Cheese, Juice, Fruit, Milk Lunch: French Toast/Sausage or Fr. Bread Pizza, Baby Carrots, Veg Slushie, Strawberries, Milk	Breakfast: Breakfast Burrito or Cereal/Cheese, Juice, Fruit, Milk Lunch: Pizza Bagels, Side Salad, Celery, Cooked Carrots, Pears, Milk
15	16	17	18	19
Breakfast: Mini Cinni Rolls or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Hot Dog or Garlic Cheese Bites, Peas & Carrots, Broccoli, Mandarin Oranges, Milk	Breakfast: JJ Benefit Bar or Cereal/Cheese, Juice, Fruit, Milk Lunch: Breaded Chicken Sandwich or Mozzarella Sticks, Side Salad, Cucumbers, Peaches, Milk	Breakfast: Strawberry Bagels or Cereal/Cheese, Juice, Fruit, Milk Lunch: Omelet/Muffin or Bosco Sticks, , Potato Emojis, Dragon Punch, Strawberries, Milk	Breakfast: Breakfast Bread or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Individual Pan Pizza, Baked Beans, Baby Carrots, Apple Slices, Milk	Breakfast: Breakfast Pizza or Cereal/Cheese, Juice, Fruit, Milk Lunch: Stuffed Crust Pizza, Baby Carrots, Salad, Carrots, Fruit Cocktail, Milk
22	23	24	25	26
Breakfast: : Mini Pancake Wraps or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Taco Day, Taco Meat, Shredded Cheese, Tortilla or Chips or Pizza Dippers, Refried Beans, Corn, Pears, Apple Churro, Milk	Breakfast: : Apple Frudel or Cereal/Cheese, Juice, Fruit, Milk Lunch: Mini Corn Dogs or Wild Mike Pizza, Mixed Vegetables, Carrots, Fruit Slushie, Milk	Breakfast: Cinn Crunch Soft Bar/Cream Cheese or Cereal/Cheese, Juice, Fruit, Milk Lunch: Turkey/Gravy/Biscuit or Pizza, Mashed Potatoes, Side Salad, Pineapple, Milk	Breakfast: Donut Day or Cereal/Cheese or Cereal/Cheese, Juice, Fruit, Milk Lunch: Spicy or Regular Popcorn Chicken, French Bread Pizza, Celery, Broccoli, Mandarin Oranges, Milk	Breakfast: Breakfast Burrito or Cereal/Cheese, Juice, Fruit, Milk Lunch: Pizza Bagels, Side Salad, Celery, Carrots, Pears, S'more Bar Milk
29	30	1	2	3
Breakfast: : Mini Cinni Rolls or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Chicken/Waffle or Quesadilla, Carrots, Corn, Fruit Cocktail, Milk	Breakfast: JJ Benefit Bar or Cereal/Cheese, Juice, Fruit, Milk Lunch: Mandarin Orange Chicken/Rice or Fr. Bread Pizza, Broccoli, Red Pepper Slices, Peaches. Fortune Cookie. Milk	Breakfast: Breakfast Pizza or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Wild Mike's Pizza, French Fries, Green Beans, Sliced Apples, Milk	Breakfast: Breakfast Bread or Cereal/Cheese, Juice, Fruit, Milk Lunch: French Toast/Sausage or Pizza Dippers, Baby Carrots, Veg Slushie, Grapes, Milk	Breakfast: Strawberry Bagels or Cereal/Cheese, Juice, Fruit, Milk Lunch: Stuffed Crust Pizza, Celery, Tomatoes, Strawberry Applesauce, Milk

Menus are subject to change.

Contact Becky Terry, RDN Foodservice Supervisor with any questions at: rterry@deforestschools.org

Alternate choice is a continental cold lunch: Yogurt, cheese stick, crackers, fruit, vegetables, milk